

ADVANCED TECHNOLOGY IS CHANGING THE WAY WE TREAT CONCUSSIONS

An estimated 19 percent of all athletes will experience a concussion during each athletic season. And while concussion can be a common occurrence, athletes who are not properly recovered from an initial concussion are significantly vulnerable for recurrent, cumulative and even catastrophic consequences of a second concussive injury.

As the Otterbein College student-athletes reported to training camp for the Fall 2008 sports season, we welcomed a new member on the squad, ImPACT™. ImPACT (Immediate Post-Concussion Assessment and Cognitive Testing) is a computer-based testing program specifically designed for the management of sports-related concussions. The Otterbein sports medicine team is using ImPACT as part of its comprehensive concussion program to ensure all student athletes have a safe return to play.

ImPACT is currently the most widely used computerized neuropsychological testing program in the world. The medical staff at Otterbein College elected to begin ImPACT testing this fall with the football team as well as the men's and women's soccer teams. Darrin Bright, MD, also a member of the OhioHealth Sports Medicine Concussion Management Program team, said, "the medical staff at Otterbein felt it was important to implement this technology into the care of our student-athletes."

For more information about the OhioHealth Sports Medicine Concussion Management Program, or to find a sports medicine physician near you, please call (614) 4-HEALTH or visit www.GetInTheGameOhio.com



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